

THE FIX

Ben Sturgill's Trade Plan

Ticker Name: _____

Trade setup(s)

(Trend, Range, Oversold, retracement level, squeeze, bullish pattern, etc.): _____

Environment:

- Sector Strength?
- Relative Strength? (to market and sector)

Technicals:

Key support level(s) _____
Key resistance level(s) _____
Upcoming catalysts? (eg. Next earnings, product announcements, etc.) _____
What is your entry signal(s) _____

Options Contract (if applicable): _____

- Adequate option volume / liquidity?
- Adequate spread (-10%)
- Delta favorable?
- Adequate time to reach target? (Theta)

Risk Management:

Total Position size \$: _____ [% ____ of account]
Max risk \$: _____ [% ____ of account]

THIS IS MY DEFINED RISK AND I ACCEPT IT: _____ (Initials)

Trade Management:

Target Entry (contract / underlying price): _____
Starting position size (partial / full): _____
Price levels of adds: _____
Time given to the trade: _____
How long did the last move take?: _____
1st Target: _____
2nd target (if applicable): _____
3rd target (if applicable): _____

Stop price level: _____

- Hard Stop?
- Trailing Stop?
- Mental Stop?

Risk to reward is Favorable:

I OWN this trade!

Signature